

Alexandra (Alexe) E. Page, M.D.

Education

July, 2010 **Board Recertification**
July, 2001 **Board Certification**
 American Board of Orthopedic Surgeons

August 1997- **Hospital for Special Surgery/Roosevelt-St. Luke**
July 1998 New York, NY
 Orthopaedic Foot and Ankle Fellowship

July 1993 - **Hospital for Special Surgery**
June 1997 New York, NY
 Orthopaedic Residency

July 1992 - **Beth Israel Hospital**
June 1993 Boston, MA
 Surgical Internship

September 1988 - **Harvard Medical School**
June 1992 Boston, MA
 M.D., Cum Laude

January 1984 - **Massachusetts Institute of Technology**
June 1988 Cambridge, MA
 Department of Mechanical Engineering, B.S.M.E.
 Pi Tau Sigma, Tau Beta Pi Honor Societies

Employment

March, 2015 **Orthopedic Private Practice**
- Present **San Diego, CA**
 General Orthopedics, Foot & Ankle specialty

October 1998 **Kaiser Permanente – Department of Orthopedics**
- March, 2015 **San Diego, CA**
 Imaging Quality Team (2010 -2013)
 Innovation Committee (2012-2013)
 OR Committee (2010)
 Education Committee Chair (2001-2008)

Consulting

2014-Present **Harvard Medical School**
 Boston, MA

2014-Present **GCorp**

La Jolla, CA

Projects focused on improving value through reducing variation in costs and patient outcomes in health care systems, hospitals, and physician practices.

2013-2014 **West Health Institute**

La Jolla, CA

Non-profit, non-partisan research institution developing high-value solutions to healthcare costs

National Work Groups and Boards

2015 – 2016 **Institute of Medicine – National Academy of Medicine Workshop**

Models of Care for High-Need Patients

2015-present **Osteoarthritis Action Alliance**

Chair, Health Systems and Provider Mobilization Work Group
(2015-2017)

2014- present **Movement is Life**

(National organization addressing musculoskeletal health disparities)
2015 - Steering Committee

2013 – present **Chronic Osteoarthritis Management Initiative Work Group**

Steering committee (2014 – present)
Leader, Osteoarthritis Model of Care work group

2013 – present **US Bone and Joint Initiative**

Annual Meeting (2016) Steering committee

2013- present **Intersocietal Accreditation Commission**

MRI Board of Directors

Professional Associations

1998 -present **American Academy of Orthopaedic Surgeons**

National Health Care Systems Committee

Chair (2014 - 2016)

Vice-chair (2012-2014)

Committee Member (2010 -2012)

Board of Specialties

Nominating Committee (2014)

Vice-chair Communications Committee (2014-16)

Communications Committee (2013-2017)

National Leadership Fellows Program (2009 – 2010)

Nominee to PCORI Improving Healthcare Systems Committee (2013)

2009 – present **California Medical Association**

Voting representative to House of Delegates (2012 to present)

Council on Legislation (2013 to present)

Reference Committee Member (2014)

California State nominee to AHRQ/US Preventive Services Task Force (2012)

2009 – present **San Diego County Medical Association**

Board of Directors (2012-current)

Project Access (low income healthcare access)

Leadership Team (2013 to present)

Orthopaedic Coordinator, Volunteer surgeon (2010 to present)

- 2009 - present **California Orthopaedic Association**
Secretary-Treasurer, Presidential Line (2015-2019)
Public Relations Committee (2010 – 2011)
Board of Directors (2011- 2013)
Annual Meeting Program Chair (2013)
- 2011- present **American Board of Orthopaedic Surgeons**
Board Examiner
- 2012 - present **Ruth Jackson Orthopaedic Society**
Representative to Board of Specialties
Secretary, Presidential line (2015-2019)
- 1998 – present **American Orthopaedic Foot and Ankle Society**
Health Policy Committee (2013-2015)
- 2013 – present **American Medical Association**
AAOS Delegate
Delegation Chair 2014 - 2015
AMA Forum Executive Board (2014 – 2016)

Journal Peer Reviewer

- 2013 - present **Clinical Orthopaedics and Related Research**
2013- present **Journal of Orthopaedic Trauma**
2012 - present **Techniques in Foot & Ankle Surgery**
2012 - present **Journal of Hospital Administration**

Alexandra (Alexe) E. Page, M.D.
Invited Lectures and Podium Presentations

1. "Update on Government & Commercial Payment Trends" AAOS Annual Meeting, March 27, 2015. La Vegas, CA.
2. Instructional Course Moderator: "Payment Reform: Update on a moving target." AAOS Annual Meeting, March 27, 2015. Las Vegas, CA.
3. "Patient Satisfaction/Quality Measures: Why They Matter" in Symposium "Men, Women, and Quality: Targeting success in patient care and satisfaction." AAOS Annual Meeting, March 25, 2015. La Vegas, CA.
4. "Men, Women, and Perceptions of Care: Changing Your Metrics" in Symposium "Men, Women, and Quality: Targeting success in patient care and satisfaction." AAOS Annual Meeting, March 25, 2015. La Vegas, CA.
5. "Navigating Government Mandates: Barriers vs. Benefits to your practice" AAOS Annual Meeting, March 24, 2015. La Vegas, CA.
6. "New payment models: the role of hospitals in 2020" AAOS Now Forum Orthopaedic Economics in 2020, March 23, 2015. La Vegas, CA.
7. "Hospital Consolidation, Employment and Co-Management." AAOS Webinar March 17, 2015. Alexandra Page, moderator.
8. "The Economics of Standardization." JOJ Annual Meeting, November 15, 2014. Oakland, CA.
9. "Consolidation: Hospital systems, payers, and orthopaedic practices." AAOS Council on Advocacy. October 14, 2014. Washington, D.C.
10. "Health Care Reform: How will the ACA affect us?" Loma Linda Ground Rounds. July 30, 2014. Loma Linda, CA.
11. "SGR 2014 Patch Update." Alexandra Page, moderator. AAOS Webinar April 22, 2014.
12. "Marketplace and Exchanges: a paradigm shift in health care payment." Presidential Symposium AAOS Annual Meeting. New Orleans, LA. March 14, 2014.
13. "Orthopaedic surgeon virtual consults for MRI imaging." AAOS Annual Meeting New Orleans, LA. March 13, 2014.
14. "Reference Pricing: what does it mean and what does it mean for your practice?" Alexandra Page, moderator. AAOS Webinar January 30, 2014.
15. "Health Insurance Exchanges" Alexandra Page, moderator. AAOS Webinar January 14, 2014.
16. "Patient-Centered Medical Home: A specialist perspective." San Diego Family Practice Academy. San Diego, CA. June 28, 2013.
17. "Musculoskeletal Care Coordination in the Patient-centered Medical Home." California Orthopaedic Association Annual Meeting. April 19, 2013. Palos Verdes, CA.
18. "How will we deliver care?" Ruth Jackson Orthopaedic Society Annual Meeting. Chicago, IL. March 19, 2013.
19. "Hospital Employment of Orthopaedic Surgeons." AAOS Annual Fall Meeting. Philadelphia, PA. October 19, 2012.
20. "Payment Reform: Transition to value-based reimbursement." National Orthopaedic Leadership Conference. Washington DC March 24-27, 2012.
21. "Shared Savings Programs: Paradigm shifts in United States Health Care Delivery." In symposium: "Changing Paradigms in the Delivery of Health Care in the United States" American Association for the Advancement of Science. Annual Meeting, Vancouver, Canada. February 16-20, 2012.
22. "Hand and wrist: physical exam, diagnosis, and injection." San Diego County Medical Society Foundation. San Diego, CA. January 28, 2012.
23. "Shoulder and Knee: Physical exam, diagnoses, injection techniques for the primary care provider." Kaiser Permanente. San Diego, CA. September 19, 2010.

24. "Use of MRI in the Musculo-skeletal System." Combined Internal Medicine/Family Practice Grand Rounds. Kaiser Permanente. San Diego, CA. September 15, 2010.
25. "Accountable Care Organizations" Western Orthopaedic Association. Monterey, CA. August 5, 2010.
26. "Pain below the knee." San Diego Academy of Family Physicians, Family Medicine Update. San Diego, CA. June 25, 2010.
27. "Foot & Ankle: A few pearls." Combined Internal Medicine/Family Practice Grand Rounds, Kaiser Permanente. San Diego, CA. June 9, 2010.
28. "Knee and Joint Injection Workshop for Primary Care Physicians" San Diego County Medical Society Foundation. San Diego, CA. April 10, 2010.
29. "Osteoporosis and the Orthopaedic Surgeon: Why we need to care." Campbell Clinic Visiting Lecturer. Memphis, TN. July 27, 2009.
30. "Foot & Ankle: A few pearls." San Diego Academy of Family Physicians, Family Medicine Update. San Diego, CA. June 27, 2009.
31. "The Employed Orthopedic Surgeon." California Orthopedic Association Annual Meeting. Santa Barbara, CA. May 15, 2009.
32. "Bone mineral density in non-idiopathic scoliosis." AAOS 30th Annual Residents Meeting, New York, NY 1997.
33. "High resolution MRI of the forefoot." AAOS Annual Meeting, 1996.
34. "Bone ingrowth and remodeling with fully and partially coated femoral components". Society for Biomaterials, 16th Annual Meeting, 1990.
35. Page AE, Jasty M, Harrigan TP, Bragdon C, and Harris WH. Comparison of femoral component stiffness and extent of porous coating on cortical strain alterations after bone ingrowth. Trans. Orthop. Res. Soc. 15:453, 1990.
36. Krushell R, Zalenski E, Page AE, Harris WH et al. The role of the distal non-porous portion of the stem in the stability of proximally porous-coated canine femoral implants after six months. Trans. Orthop. Res. Soc. 14:404, 1989.
37. Page AE, Jasty M, Harris WH et al. Stress shielding around proximally porous-surfaced femoral components six months after bone ingrowth. Trans. Orthop. Res. Soc. 14:576, 1989.
38. Jasty M, Page AE, Harris WH et al. Long duration measurements of *in vivo* strain distribution in the canine femur. Orthopaedic Research Society Annual Meeting, Las Vegas, 1988.
39. Page AE, Jasty M, Harris WH et al. Alterations produced by cementless total hip arthroplasty in the canine: An *in vivo* biomechanical study. Orthopaedic Research Society Annual Meeting, Las Vegas, 1988.
40. Page AE, Jasty M, Harris WH et al. Analysis of the canine gait using bone pins, bilateral force plates, and rigid segment motion analysis system. Orthopaedic Research Society Annual Meeting, Las Vegas, 1988.

Alexandra E. Page, M.D.
Publications

1. Page AE: Stopping Time. *JAMA* 314:27-29, 2015.
2. Page AE: Safety in surgery: the role of shared decision making. *Patient Safety in Surgery* 9:24-26, 2015.
3. Page AE: Consolidation trends in health systems, hospitals, and payers. *AAOS Now* 9: April, 2015.
4. Page AE, Moulton B: Implementing shared decision making in the orthopaedic practice. *AAOS Now* 9: January, 2015.
5. Page AE: The impact of payment strategies on retail health care. *AAOS Now* 9: January, 2015.
6. Page AE, Moulton B: Shared decision making in orthopaedics. *AAOS Now* 8: December, 2014.
7. Page AE: Retail health care: Update on trends in healthcare delivery. *AAOS Now* 8: December, 2014.
8. Wheeler A, Twetten M, Page AE: CMS releases 2015 Fee Schedule Final Rule. *AAOS Now* 8: December, 2014.
9. Page AE, Fassbender E: GAO report examines physical therapy self-referral *AAOS Now* 8: July, 2014.
10. Kim L, Kumler W, Page AE: Reference Pricing: What does it mean and what does it mean for your practice? *AAOS Now* 8: January, 2014.
11. Page AE: Addressing Arthritis as a Chronic Disease. *AAOS Now* 7, 11:15, 2013
12. Page AE, editor: Musculoskeletal Care Coordination. Chicago: *American Academy of Orthopaedic Surgeons*, March 2013.
13. Page AE, Butler CB, Bozic KJ: The Importance of Hospital Physician Alignment in Orthopaedic Surgery. *Clin Ortho and Rel Res* 471:1809-1817, 2013.
14. Bozic KJ and Page AE, eds: Physician-Hospital Alignment Strategies for orthopaedic surgeons, a Primer. Chicago: *American Academy of Orthopaedic Surgeons* February, 2012.
15. Page AE: Don't give up on ACO's. *AAOS Now* 9: September 2011.
16. AAOS Health Care Systems Committee. Accountable Care Organizations: A primer for orthopaedic surgeons. Chicago: *American Academy of Orthopaedic Surgeons* February, 2011.
17. Page AE: Collaborating on care, changing the culture. *AAOS Now* 12:36 December 2010
18. Page AE: ACOs: New Models for care and compensation. *AAOS Now* 11:36-39, November 2010
19. Page AE: ACOs: The future of health care delivery? *AAOS Now* Vol 10: October 2010.
20. Page AE: Emergency room coverage for orthopaedic injuries: a solution is needed at all levels. *J Orthop Trauma* 24:347-349, June 2010.
21. Page AE: Risk management with physician extenders. *AAOS Now* 4:38-39, March 2010.
22. AAOS Health Care System Committee. Hospital Employment of Orthopaedic Surgeons: A primer for orthopaedic surgeons. Chicago: *American Academy of Orthopaedic Surgeons* March, 2010.
23. Page AE: Emergency room coverage: What are the options for orthopaedic surgeons in 2010? *AAOS Now* 4:36-39, February 2010.
24. Deland JT, Page AE, Il-Hoon, S, O'Malley, M, Inda, D, Choung, S: Posterior Tibial Tendon Insufficiency Results at Different Stages. *HSS Journal* 2:157-160, 2006
25. O'Malley MJ, Page AE, Cook R: Endoscopic plantar fasciotomy for chronic heel pain. *Foot Ankle Int* 21:505-510, 2000.
26. Deland JT, Page AE, Kenneally SM: Posterior calcaneal osteotomy with wedge: cadaver testing of a new procedure for insufficiency of the posterior tibial tendon. *Foot Ankle Int* 20:290-295, 1999.

27. Dines D and Page AE. The Shoulder. In: Asnis SE, editor: *Cannulated screw fixation: Mechanics, operative techniques, and clinical implications*. New York: Springer-Verlag, 1996.
28. Page AE, Meinhard BP, Schulz E, Toledano B: Bilateral posterior fracture-dislocation of the shoulders: Management by bilateral shoulder hemiarthroplasties. *J Orthop Trauma* 9:526-529, 1996.
29. Page AE, Jasty M, Bragdon C, Ito K, Harris WH: Alterations in femoral and acetabular bone strains immediately following cementless total hip arthroplasty: an *in vitro* canine study. *J Orthopaedic Research* 9:738-748, 1991.
30. Page AE, Allan C, Jasty M, Harrigan TP, Bragdon C, Harris WH: Determination of loading parameters in the canine hip *in vivo*. *J Biomechanics* 26:571-579, 1993.
31. Jasty M, Bragdon C, Zalenski E, O'Connor D, Page AE, Harris WH: Enhanced stability of uncemented canine femoral components by bone ingrowth into the porous coating. *J Arthroplasty* 12:106 -113, 1997.
32. Page AE, Jasty M, Harrigan TP, Bragdon C, and Harris WH. Comparison of femoral component stiffness and extent of porous coating on cortical strain alterations after bone ingrowth. *Trans. Orthop. Res. Soc.* 15:453, 1990.
33. Krushell R, Zalenski E, Page AE, Harris WH et al. The role of the distal non-porous portion of the stem in the stability of proximally porous-coated canine femoral implants after six months. *Trans. Orthop. Res. Soc.* 14:404, 1989.
34. Page AE, Jasty M, Harris WH et al. Stress shielding around proximally porous-surfaced femoral components six months after bone ingrowth. *Trans. Orthop. Res. Soc.* 14:576, 1989.
35. Jasty M, Page AE, Harris WH et al. Long duration measurements of *in vivo* strain distribution in the canine femur. *Trans. Orthop. Res. Soc.* 13:236, 1988.
36. Page AE, Jasty M, Harris WH et al. Alterations produced by cementless total hip arthroplasty in the canine: An *in vivo* biomechanical study. *Trans. Orthop. Res. Soc.* 13:361, 1988.
37. Page AE, Jasty M, Harris WH et al. Analysis of the canine gait using bone pins, bilateral force plates, and rigid segment motion analysis system. *Trans. Orthop. Res. Soc.* 13:544, 1988.
38. Page, AE: Competitive speech for teaching communication skills: A high school student's view. *Communication Education* 32:435-437, 1983.